### DAILY SIGNS GUIDEBOOK



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#### INTRODUCTION

Everything is energy. Every thought, feeling and action we have creates a vibration of energy that emanates into our environment. Our unique vibrations affect everything around us, like magnets drawing experiences into our lives so we can evolve. Signs, omens and symbols connect to our intuition and reflect what we hold in our energy.

Since childhood, I've noticed signs both in my waking life and my dream reality. After a while, I researched their meanings and realised they confirmed what I was receiving through my intuition. From car troubles to broken mugs, words on car registration plates

to leaking pipes, the connection between my outer environment and my inner self became clear.

The DAILY SIGNS card deck depicts common images that show up in daily life, and this booklet offers insight into their symbolic meanings gathered through careful observation.

The symbolism in the DAILY SIGNS card deck is based on man-made objects—except for card number 12, The Flies. Using this deck in conjunction with LIFE SIGNS ORACLE, a card deck based on signs in nature, you can discover and learn to interpret the signs around you from both the man-made world and the natural environment.

When you receive the DAILY SIGNS cards, I suggest cleansing their energy then connecting with the images and their meanings. For the ritual I follow, I place a quartz point on the box for at least twenty-four hours, then I smudge with sage. Before using the cards, I absorb the details of each one and its associated meaning. Then I shuffle the deck for several minutes until the cards

From a single card to a multi-card layout, the DAILY SIGNS cards answer questions and offer insightful messages. Simply set your intention as you shuffle, then let your intuition choose the cards.

feel ready to use.

#### 1. COMPASS

**KEYWORDS:** Moving in the right direction; life purpose

The compass says you're on the right path, heading in the right direction, and is a sign that you're doing something important right now. A compass always points north, so if you follow your True North, you can't get lost.

Related signs that show direction are arrows seen in cloud shapes, signs or symbols on buildings or vehicles; or words relating to a direction, such as EAST, NORTH, etc.

#### 2. TRACTOR

**KEYWORDS:** Slow down; notice your surroundings; be patient

Tractors move at a slower speed, and a slower pace gives time to enjoy the journey. Rushing leads to missing something significant. If a tractor slows you down, there'll be good reason, so be patient and use the extra time to notice and enjoy the surroundings.

Related signs: a recovery truck or broken car on your side of the road signifies a delay or the need for self-care; on the opposite side of the road, it can relate to the person you're meeting.

#### 3. PEN

# **KEYWORDS:** Text; email; letter; important written words

Whether received or sent, a written message is important today. The message could be a text, email, letter, or even internet chat, which might be work-related or personal, light-hearted and fun, or serious.

Related signs: several pens that don't work, despite having ink in them, relate to avoiding necessary communication or not knowing how to say something.

#### **4.** BOOK

**KEYWORDS:** Chill out; get lost in a story or your imagination; research

Reading a book lets the body relax while the mind expands. Books can take the reader into an alternate reality, increase knowledge or change perception.

Books and words relate to the mental capacity to dream, learn and understand, providing you allow the time and space for this to happen.

If you open a book on a random page and read a sentence or paragraph, the words might be relevant or give helpful advice.

#### 5. TELEPHONE

KEYWORDS: Important conversation; speak your truth; listen

With the telephone, verbal communication is key. You might engage in an important conversation or overhear something relevant and insightful. The telephone advises you to listen and speak your truth with compassion.

Repeated miss phone-calls from the same person suggest you aren't in-sync, which could be a minor glitch or a bigger problem in the relationship.

#### 6. POSTBOX

# **KEYWORDS:** Give and receive; out of balance; over-giving

Mail sent or received relates to giving and receiving—of time, energy, love, gifts, etc. The mailbox message is balance—you receive as much as you give.

Related signs: missed deliveries or parcels going to the wrong house show that you're not receiving what you need. If you often take in neighbour's deliveries, do you give too much to others and not enough to yourself? Lost mail relates to feeling lost.

#### 7. KEY

### **KEYWORDS:** Answers; solutions; wishes coming true; success

Keys hold the power to deliver what's most needed, especially for the key holder. They unlock doors to bring success, lead to somewhere new, give access to knowledge or the answer to what was previously unknown. By locking a door, the key gives safety, security and protection.

Finding a key signifies awaited answers, a new beginning, a wish being granted or a significant positive shift in your life.

#### 8. scissors

**KEYWORDS:** Swift action that can't be undone—helpful or harmful

Scissors can be helpful or harmful. Their action is swift and final, and their sharp blades cut things out or into pieces. Broken scissors suggest a situation that needs urgent attention; blunt scissors relate to something being avoided and the need to address an issue.

Related signs: a cut from scissors or a knife is a situation that causes pain and needs healing.

#### 9. DRAIN

**KEYWORDS:** Let your emotions go; release; let go of the past

Drains remove waste water, and water relates to the emotions. So whether it's sadness, anger, fear or any other emotion, let go of what you no longer need.

A blocked drain refers to blocked emotions. If you're sensitive, do you absorb other people's emotions, blocking the flow of your own? A dirty drain relates to dirty emotions such as shame or blame, and smelly drains indicate the need for an emotional detox.

#### 10. DOOR

**KEYWORDS:** New chapter; start something; positive change

Doors lead to somewhere different, a new chapter or a change in perspective—providing the door isn't locked.

A sticking door suggests holding onto the past or resisting a fresh start; a door banging from the wind or a noisy neighbour shatters the status quo and pushes us towards a new beginning.

#### 11. BROKEN EGG

**KEYWORDS:** Burdened; doing too much; carrying other's problems

Being involved with too many activities or carrying too many burdens, can lead to something not receiving the attention it needs, which might cause disappointment.

If items often fall from your grasp, do you have too much going on in your life? Are you taking on more than you can carry? Are you helping too many people and not yourself?

#### 12. FLIES

## **KEYWORDS:** Distraction; unhelpful thoughts; irritation

Nobody likes a fly buzzing around, crawling over food or diving-bombing your head. Flies can be annoying, so they signify irritation, distraction or unhelpful thoughts that take too much attention and steal inner peace.

If you have a problem with flies in the home, is something disturbing your peace?

#### 13. DUSTBIN

# **KEYWORDS:** Get rid of uncomfortable thoughts or emotions

No matter what form it takes—dog poop, discarded wrappers, decaying food—if waste appears on your path, it warns of unpleasantness. The waste could be uncomfortable feelings, thoughts or emotions, or someone else's problems affecting you.

Whatever the waste and whoever it belongs to, not dealing with it could have a negative impact on your wellbeing.

#### 14. KEYHOLE

**KEYWORDS:** Different perspective; foresight; be observant

Peering through a keyhole shows what's on the other side. So keyholes relate to a different view or perspective, or someone or something entering your life to bring change. Keyholes also relate to spying and foresight.

If you encounter a faulty keyhole, are you resisting an experience that wants to enter your life?

# 15. EMERGENCY SERVICES

**KEYWORDS:** Help is coming; support received

Whether you see an emergency vehicle or hear its siren, this tells you that help is coming and you don't have to face challenges alone.

While driving, if the emergency vehicle passes on your side of the road, it can signify that you're helping someone, possibly at your destination. Sometimes, the siren indicates you need to help yourself.

#### 16. LIGHTER

**KEYWORDS:** Realisation; understanding; seeing or thinking clearly

Whether from fire, candles, lighters or matches, flames create light, and light makes everything easier to see. Details previously missed or obscured now appear clearer.

Finding a lighter or matches indicates an "aha" moment, a realisation or an understanding that creates a positive shift. Problems with lighters or matches signify something that isn't clear or easily seen.

#### 17. AEROPLANE

# **KEYWORDS:** Flying high; uplifted; joy; higher perspective

An aeroplane flying overhead conveys success, that everything is going well and moving forwards; it suggests an uplifted mood. High altitude planes also mean a higher perspective, which allows for detachment from lower emotions.

If you see planes taking off and climbing, it shows the start of something that requires effort. With a plane landing, it shows something drawing to a close.

#### 18. RED LIGHT

**KEYWORDS:** Stop; no; wait; not now; delay; obstacle

The red light says "no" or "stop" and advises caution. Encountering several red lights while driving reflects a situation that isn't moving ahead just yet, or an obstacle that causes a temporary standstill. The red light also relates to your destination, where your appointment doesn't flow or isn't as expected.

#### 19. GREEN LIGHT

**KEYWORDS:** Yes; you have the go ahead; everything working out

The green light says "yes, go for it". Things are moving ahead smoothly. Several green lights while driving indicate that your current situation is progressing nicely, everything is flowing, with a successful outcome of your journey; the timing is right; everything will work out well; it's safe to proceed.

#### 20. AMBER LIGHT

**KEYWORDS:** Take it easy; slow down; no need to rush; get ready

Amber lights warn to use caution and stay alert, so don't rush forwards unless you're sure of the result. It might be safer to slow down and wait, to ease up with something, or give yourself time to prepare, because soon you'll get the green light to move ahead.

#### 21. COINS

# **KEYWORDS:** Abundance; money or blessings received

Finding coins signal that good luck, abundance or blessings are coming. Good fortune signs appear in various ways, indicating the receipt of something of value: recognition, compliments, money, gifts and things falling into place, etc.

By showing gratitude when you receive a blessing, you will attract more of these positive vibes.

#### 22. PADLOCK

**KEYWORDS:** Use your skills and abilities; knowhow; discovery

A lock is useless without the key that fits it or the knowhow to pick the lock, so locks signify knowledge, skill or having what you need. Locks also relate to security and safety as they lock something into place, providing you have the key.

Problems with a lock show that you don't have the answer yet, or that you need effort or skill to overcome an obstacle.

#### **23.** RADIO

**KEYWORDS:** Hearing something relevant; listen carefully; song lyrics

Listen carefully for relevant words or lyrics relating to your life right now: a song in your head when you wake up; a tune on the radio when you turn it on; or overhearing part of a conversation. What you hear could answer a question or bring timely insight. So, pay attention!

#### 24. BANANA SKIN

**KEYWORDS:** Don't slip back into drama or fear; watch your step

Bananas have a bittersweet meaning: the fruit inside is sweet, creamy and nutritious, but a discarded skin might cause someone to slip and hurt themselves. Seeing a banana skin warns of drama or something that could trip you up, so stay alert and tread with care.

As decomposing banana skins nourish the soil, tricky experiences, in time, will bring lessons learned and wisdom gained to help navigate future events.

# **25.** REGISTRATION PLATE

**KEYWORDS:** Signs and messages; confirmation; pay attention

The universe delivers many clues via vehicle registration plates—a relevant word, initials of someone close, significant numbers, such as a birthday or anniversary—so stay alert for a personal message.

If a car pulls out in front of you, don't get annoyed. Read the registration plate—it probably has a message for you—and remember to look out for anagrams and numbers that resemble letters.

#### 26. CHAIN

## **KEYWORDS:** Connection—uplifting or draining

Chains are connected links that create a strong bond, so they refer to your connections with others.

Connections between people may have roots in past lives, causing repetitive negative cycles until the end of the cycle arrives to bring freedom.

Finding a chain asks you to consider your relationships: are they uplifting or draining?

#### 27. SPILLED MILK

KEYWORDS: Sadness; disappointment; cry; release your emotions

Spilled liquid is a sign of tears to come, whether grief, disappointment, sadness or a general low mood, let them flow.

Spills happen by dropping or knocking over a drink, spilling liquid while pouring, or from a leaking or burst pipe. Frozen liquid indicates cool emotions or lacking emotion.

Related signs: seeing a discarded tissue means sadness or tears.

#### **28.** CLOCK

**KEYWORDS:** Divine timing; go with the flow; let go of control

The universe operates in its own timeframe, creating what's needed at the perfect moment, which might cause disappointment if it doesn't align with expectations.

Whether a situation moves too slowly or too quickly, go with the flow and trust in the universe's plan.

Troublesome clocks or watches refer to your relationship with time: do you wish your life away or hanker after the past?

#### 29. KNOT

### **KEYWORDS:** Pay attention to body reactions and feelings; anxiety

Knots let you know you're tied up in knots about something. The body, especially the gut, gives an accurate indication of a reaction to a situation or person: butterflies in the stomach; tightness in the gut; shaking or trembling, and so on.

Knots can appear in wires, string, yarn, even jewellery chains, and no matter how often you undo them, they keep appearing, as if by magic, until you no longer feel anxious.

#### 30. NUMBERS

**KEYWORDS:** Signs, symbols and number synchronicity; messages

Number principles are the foundations for creation, each one governing an area of life. Numbers appearing around you—clocks, tv, radio, vehicles, buildings, adverts, mail, phone numbers—offer guidance and insight. They can represent balance (10:46, where 4+6=10) or flow (12:34), or they remind us of loved ones with a significant date, or they can guide us on our spiritual journey of awakening (11:11).

#### 31. FLAT TYRE

### **KEYWORDS:** Feeling deflated; lack of enthusiasm or motivation

A flat tyre warns of depleted energy reserves, a lack of motivation or feeling emotionally spent.

If you have a flat tyre, especially more than one in a brief space of time, this message tells you to take a break and replenish your energy.

Related signs: flat battery, which signals feeling drained.

#### **32.** SALT

### **KEYWORDS:** Negative influence; detox; cleanse

Salt is a mopper-upper of toxins, whether used in food, a salt bath to cleanse the body or around the house to protect from unwanted energies.

If you spill salt, it warns of something or someone around you that might cause harm, not just physically but energetically, or it could relate to your own negative thoughts and beliefs that cause you harm.

#### 33. BROKEN GLASS

### **KEYWORDS:** Breakthrough; clarity; truth revealed; realisation

Glass allows us to see clearly as we look through it, so glass relates to truth and clarity.

If you see broken glass, it signifies breaking through an illusion and seeing something accurately. If you break glass by accident, it means a wake-up call or an abrupt realisation of the truth—take this as a positive sign.

#### 34. ORANGE PEEL

**KEYWORDS:** Look below the surface; something isn't obvious

Peeling off an orange's bitter skin reveals the juicy, sweet fruit inside, which signifies not to take things at face value. So if you see discarded orange peel, something in your life needs you to look beneath the surface: don't judge by outside appearances.

Related signs: an apple core conveys getting to the core of something.

#### 35. PLASTER

**KEYWORDS:** Self-care; be aware; be careful; be kind to yourself

Hurting or injuring yourself by accident is a physical manifestation of how you feel about yourself. Are you beating yourself up or not feeling good enough? Whatever the reason, love and compassion for self are important.

Finding a discarded plaster suggests that self-care is needed.

#### 36. LEARNER DRIVER

**KEYWORDS:** Learning from experience; life lesson; wisdom; knowledge

A learner driver indicates that you're learning something important. It might be a life-lesson, gaining knowledge or research. The life-lesson could be about learning patience, unconditional love or your connection to life and the universe. Whatever the lesson, stay vigilant and be open to receive what comes your way.

For more information about Elizabeth Keedy, the creator of DAILY SIGNS, visit: www.elizabethkeedy.com.

www.whitefeatherbooks.com.

Other decks available: Life Signs Oracle, Quick Message Cards, EK Playing Cards.

Elizabeth Keedy has two YouTube channels: Elizabeth Keedy and Heart of Wisdom, for spiritual and psychic development.

